

## Module 2: TO DO LIST

### Sanitation

1. **Begin storing water for sanitation purposes.** Collect some containers for storing water to keep in the bathroom. If you have an interruption in running water, you can use this to flush the toilet, wash your hands, or clean surfaces. Don't worry as much about the containers when it comes to water for sanitation.
2. **Get prepared to treat water in an emergency.** Pick up [single bags of pool shock](#). They're fairly inexpensive and the powder will last longer than liquid bleach. Be certain that there are no algicides or fragrances in your pool shock. It can be used to purify water for drinking.
3. **Do a water audit.** See how much water you actually use in a day by only using water from containers. (It works even better if you can shut your water off for a day!) Include in your tally: drinking water, cooking water, flushing water, hand washing water, dishwasher....you get the idea! You'll probably find that you use far more than the standby of one gallon per person per day.

### Sustenance

1. **Transfer the dry food you purchased last week** into Mylar bags with oxygen absorbers.
2. **Get buckets for a bargain.** [Call your local bakeries and delis](#) and ask if you can have their empty food-safe buckets. Sometimes they'll charge you a couple of dollars, but often they'll be happy to let you take them for free.
3. **This week make 2 main dishes** that are primarily rice and beans -- no meat of any kind. If your family gives either or both a thumbs up, add the recipe to your SPI Notebook in the [Survival Recipes](#) section. This is a new divider you'll find in the Printables section of Module 2.

### Shelter

1. **[Do you have lots of old blankets, quilts, and comforters?](#)** Launder them and pack them away with unused dryer sheets so that they are fresh and clean if you need to use them during a power outage. If you live in an area where insects are a problem, protect these blankets by layering dryer sheets in their folds, cedar balls, cedar planks or some other fabric-safe insect repellent. Don't use moth balls!
2. **Select 2 spaces for decluttering.** They should be spaces that will lend themselves well for storing food, water, your emergency kits, or other prepper gear. Remove everything from the space (cupboard, cabinet, drawer, etc.) and sort everything into 4 piles: Trash It, Donate It, Keep It, Gift It.

3. **A battery powered fan** could be a life-saver in a summer power outage. Pick up one or more from Amazon, a dollar store, or a sporting goods store and then have at least 2 sets of fresh batteries for each fan.

## Security

1. **View your home as a criminal.** Pretend that you want to break in. See where the weak spots are in your personal home security and make a list of those gaps. Some things will be simple to resolve, while others will take more time or money.
2. **Communication can mean the difference between life and death.** This week, determine to pass the amateur (ham) radio test. The study guide and practice tests can be [found here](#).
3. **Find multiple routes home from work or school.** Map out alternative backroad ways to get home, as well as directions if you must go home on foot. Be sure to find hiding places along the way and safe, temporary refuges with people you know. Figure out some places to lay low now, before a crisis situation. Sometimes staying out of sight is the best way to stay safe.

## Sanity

1. **Keep walking!** Try to add some time or distance to the walks you started last week. If your weather is extremely hot, do this early in the morning or later in the evening.
2. **Read some prepper fiction.** When you're relaxing poolside, sometimes reading fiction can give you some new inspiration. Some favorite books are [One Second After](#) (a classic about life after an EMP strike), [Day of Wrath](#) (about a coordinated terrorist attack on American soil), and [Going Home](#) (about a man on a business trip far from home when the lights go out for good.)
3. **Stash some candy.** Comfort items like Red Vines, chocolate, M&Ms, or other familiar favorites can really help during a stressful situation. You can extend their shelf life by using a Food Saver and a wide jar attachment to package them in canning jars. Watch this [video demo](#) by Lisa Bedford.